

OCBC Youth Sailing 2010

Committee Contacts

Kevin Smith- 627-0138 kevin-smith@ouhsc.edu

Lynn Pinegar- 514-4946 lpinegar@sbcglobal.net

Glede Holman – 416-0112 gholman@okcu.edu

Carter Steph-641-1746 carter@walterspover.com

Frank Beling- 509-0105 f.j.beling@gmail.com

We will not be participating in GUST this year, thus new coaching ideas have been considered and our summer youth program is outlined below.

COLLEGIATE SAILING - **Glede Holman** will be director of Collegiate Sailing for the Oklahoma City Boat Club. Some of the goals for this year will be to successfully mount a 6 to 8 420 boats for collegiate sailing so that we could possibly host a regatta in 2010-11 season. Glede, will also define criteria for collegiate sailing at OCBC along with forms required from each sailor; the issuance of OCBC ID cards; and use of the youth power boats, which will be specifically linked to power boat training. We will plan on having a powerboat course, and it will be suggested that all collegiate sailors go to this. There will be youth regattas for practice during the summer Friday Night Sailing so collegiate sailors can participate.

HIGH SCHOOL SAILING - **Lynn Pinegar** will be continuing the High Sailing Program through the summer. Last year we had youth from Northwest Classen and Harding Prep participate in the program and we hope to expand the program this year. The High School Sailor will be at the club on Mondays and Fridays late afternoon. They can also participate in the Youth regattas on Fridays. See schedule below.

SUMMER SAILING KICKOFF May 28th, 6:00 PM

Sponsors- Carter Steph and Kevin Smith

Friday Night Sailing- Youth triathlon-This triathlon will include a competitive sailing event followed by transportation to Laser Quest for a competition followed by a video game challenge at the Oklahoma City Boat Club. The youth will be spending the night at the club with breakfast the next morning. Food and drinks will be provided. Bring your sleeping bag and pillow.

FRIDAY NIGHT SAILING – **Carter Steph, Frank Beling and Kevin Smith** will be in charge of Friday Night Sailing. We will plan on a Youth regatta on Friday evenings. This way, we can have both casual sailors and racing, this may inspire some casual Sailors to move up to racing. Lynn Pinegar’s High School Sailing traditionally practices between 4 and 6pm and may want to be involved with the races, those high school sailors can stay and be involved in racing. It is proposed that, initially during the summer, the older kids that had been sailing longer may take a younger sailor along for one of these races so that they can get used to starts and the signals associated with racing. Friday Night Sailing will start at 6:00 p.m and be over at 8PM. There will be sign in board this year to ensure that all kids have a release on file and each sailor will have an OCBC ID.

June 4	4:00 to 6:00 pm 6:00 to 8:00 pm	High School Sailing Friday Night Sailing
June 7	4:00 to 6:00 pm	High School Sailing
June 11	4:00 to 6:00 pm 6:00 to 8:00 pm	High School Sailing Friday Night Sailing
June 14	4:00 to 6:00 pm	High School Sailing
June 21	4:00 to 6:00 pm	High School Sailing
June 28	4:00 to 6:00 pm	High School Sailing
July 5	4:00 to 6:00 pm	High School Sailing
July 9	4:00 to 6:00 pm 6:00 to 8:00 pm	High School Sailing Friday Night Sailing
July 16	6:00 to 8:00 pm	Friday Night Sailing
July 19	4:00 to 6:00 pm	High School Sailing
July 23	4:00 to 6:00 pm 6:00 to 8:00 pm	High School Sailing Friday Night Sailing
July 26	4:00 to 6:00 pm	High School Sailing
July 30	4:00 to 6:00 pm 6:00 to 8:00 pm	High School Sailing Friday Night Sailing
August 2	4:00 to 6:00 pm	High School Sailing
August 6	4:00 to 6:00 pm 6:00 to 8:00 pm	High School Sailing Friday Night Sailing
August 9	4:00 to 6:00 pm	High School Sailing
August 13	4:00 to 6:00 pm 6:00 to 8:00 pm	High School Sailing Friday Night Sailing

2010 OCBC SAILING CAMPS
US Sailing Level I Certified Coach Lynn Pinegar

Beginning sailing on Picos,

Camp #1 May 29, 30, 31 (9-4 bring sack lunch)

Camp #2 June 17, 24, (12:30- 5:00PM) July 1, 8, 22, 29 (9am- 12:30)

Cost \$100 per camp. Limit is 16 for each camp. First come first served

Opti rigging, sailing and racing

June 16, 23, 30 (12:30- 5:00PM) July 7, 21, 28 (9am- 12:30)

Cost \$100 Limit is 10

FJ/420/Laser Clinic

June 15, 22, 29 (12:30- 5:00PM), July 6, 20, 27 (9am- 12:30)

Cost \$100 Limit is 10

Boats Snacks and Drinks are provided. All parents must complete liability waiver see <http://www.okcboatclub.com/youth/liability.pdf> on OCBC website and provide an appropriate sized US Coast Guard life jacket.

All youth are invited to continue their sailing “time on the water” on the Friday Night Sailing starting at 6:00PM on posted Fridays, See Youth Schedule on web page.

Cut here

Complete and give to Kevin Smith 627-0138 or Fax 405-271-4525 with liability waiver
Sign up for as many camps as you want. Check below

Beginning Sailing **Camp#1 Memorial Day Weekend (9AM-4PM)** _____

Camp#2 SEE DATES AND TIMES ABOVE _____

Opti Camp **SEE DATES AND TIMES ABOVE** _____

FJ/420/LASER **SEE DATES AND TIMES ABOVE** _____

CHILDS NAME _____ **AGE** ___ **CONTACT NUMBER** _____

ALL CAMPS \$100 MAKE CHECK PAYABLE TO OCBC CAN BE PAID ON FIRST DAY OF CAMP LIMITED NUMBERS SO SIGN UP TODAY

YOUTH REGATTAS

FNS 2010

During Friday Night Sailing a Youth Regatta will take place to encourage young sailors racing spirit. We will work on starts and different course designations and designs. We will work on tactics for each boat type participating. Members of the youth committee will do the starts and finishes.

June 18-20, 2010 Great Plains Opti Regatta in Witchita,KS
Lynn Pinegar will be present for coaching for any OCBC Youth

July 10- 16, 2010 Texas youth Race Week
Lynn Pinegar will be present for coaching for any OCBC Youth

August 7, 2010 CSSA Dock Rats Regatta OCBC, NOR TBA

August 14, 2010 John Pearl Youth Regatta, NOR TBA

August 28/29, 2010 Kickoff of the SEISA 2010-2011 Collegiate Sailing
Single-handed regatta with Picos. This will be done at the Oklahoma City Boat Club and as a SEISA event.

We welcome all youth to participate in the centerboard and keel boat regattas on Tuesday and Wednesday of each week.